

A SIMPLE CLEANING SCHEDULE

MORNING CLEANING

1. Make your bed
2. Do the dish
3. Quick kitchen clean up
4. Sweep

DO ANY ONE CHORE

1. Monday: clean rooms
2. Tuesday: bathrooms
3. Wednesday: fridge and pantry
4. Thursday: declutter
5. Friday: dusting
6. Weekend: wash sheets, plan meals, vacuum

EVENING CLEANING

1. Do the Laundry
2. Do the remaining dishes
3. 10-minute quick clean kitchen
4. sweep & spot mop